



REPRODUCTIVE & GENERAL HEALTH RANGE





		Pure Natal <i>Orthoplex White</i>	Mito Pro <i>Orthoplex White</i>
	Low excipient formula	-	
	Free from artificial flavours & colours		
	Antioxidant	-	
	Vegetarian		
	Vegan	-	
	Free Froms	Dairy free · Gluten free · Soy protein free · Egg free	Dairy free · Gluten free · Soy protein free · Egg free
	Key Features	• Delivers both L-5-MTHF and folic acid • 20mcg of naturally derived vitamin K2 • Highly bioavailable Iron bisglycinate • Activated B Vitamins & Methylcobalamin • 1000IU of vegetarian Vitamin D • One-a-day formulation • Supports healthy pregnancy, providing nutrients which are required in additional quantities before, during and after pregnancy • Contains essential vitamins and minerals to support the healthy development of the foetus • Helps support healthy foetal CNS and brain development • Supports healthy thyroid gland function during pregnancy	• Clinically trialled doses of Acetyl-L-carnitine and L-carnitine • Supports energy production by targeting mitochondrial function • Supports preconception and reproductive system health in men and women • Turnera diffusa is traditionally used in Western herbal medicine to promote healthy libido
	Pack Size	50 capsules 90 capsules	200g oral powder
	Daily Dose	Adult: 1 capsule daily, with food, or as recommended by your registered healthcare practitioner.	Adult: Mix 1 scoop (1 level included scoop contains approx. 8g) into 250mL of water and consume immediately. Take once daily, or as recommended by your registered healthcare practitioner.
	Contraindications* & Warnings	Medications: Ceftriaxone, Dolutegravir, Elvitegravir, Warfarin. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. Vitamin and mineral supplements should not replace a balanced diet. This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. If symptoms persist or you are concerned about the health of yourself or your baby, talk to your healthcare practitioner. If you have pre-existing thyroid conditions, seek advice from your medical practitioner before taking this medicine.	Medications: Levodopa, Warfarin. This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not take while on warfarin therapy without medical advice. Vitamin, mineral and nutritional supplements should not replace a balanced diet. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. Contains sulfites.



CitraMag <i>Orthoplex White</i>	Coenzyme Q10 150mg <i>Orthoplex White</i>	Pure D <i>Orthoplex White</i>
		-
Dairy free · Gluten free · Soy protein free · Egg free	Dairy free · Gluten free · Soy protein free · Egg free	Dairy free · Gluten free · Soy protein free · Egg free
- Bioavailable Magnesium citrate - Ultra-low excipient formulation - Exceptional quality magnesium that conforms to United States Pharmacopoeia-National Formulatory (USP-NF) - Highly affordable - Supports general health and wellbeing	- Antioxidant and helps reduce free radical damage to body cells - Supports energy production - Coenzyme Q10's is a cofactor in the electron transport chain and is therefore involved in the synthesis of ATP - Supports reproductive system health and sperm health, motility and production	500 doses in each bottle - Developed for sensitive patients - Swiss quality vitamin D - Includes soy free vitamin E derivatives D-alpha-tocopherol & dl-alpha-tocopherol, sustainable coconut medium chain triglycerides, sunflower oil and vegetable oil as excipients - No sorbate or benzoate synthetic preservatives - Precise 1,000IU of Vitamin D in every drop - German-engineered glass bottle - Easy patient drop-dosing - Supports general health and wellbeing
120 capsules	30 capsules	15mL oral liquid
Adult: 1-2 capsules per day, or as recommended by your registered healthcare practitioner.	Adult: 1 capsule daily, or as recommended by your registered healthcare practitioner.	Adult: Hold vertical, take 1 drop daily with food, or as recommended by your registered healthcare practitioner.
Medications: Levodopa. Mineral supplements should not replace a balanced diet.	Medications: Warfarin. Do not take while on warfarin therapy without medical advice. Vitamin and nutritional supplements should not replace a balanced diet.	Medications: None reported. Keep out of reach of children. Vitamins can only be of assistance if the dietary vitamin intake is inadequate.

RGH-RF001



		Acetyl-L-Carnitine <i>Orthoplex White</i>	BioActive Lipids <i>Orthoplex White</i>
Low excipient formula Free from artificial flavours & colours Antioxidant Vegetarian Vegan			
		-	-
		-	-
		-	-
	Free Froms	Dairy free · Gluten free · Soy protein free · Egg free	Dairy free · Gluten free · Soy protein free · Egg free
	Key Features	- Delivers a carefully considered & scientifically relevant dosage of 500mg of Acetyl-L- Carnitine HCl per vegan-friendly capsule - Ultra-low excipient design - Supports healthy mood balance - Supports male reproductive health, sperm motility & sperm production in healthy males	- Independently third party tested for more than 460 environmental contaminants including almost 200 pesticides, 30 common plasticisers and 3 radioactive isotopes - Supports omega-3 levels in the body - Maintains sperm health - Supports healthy pregnancy - Helps support healthy foetal brain development
	Pack Size	120 capsules	120 softgel capsules 240 softgel capsules
	Daily Dose	Adult: 1-2 capsules daily, or as recommended by your registered healthcare practitioner.	Adult: 1-2 capsules two to three times daily or as recommended by your registered healthcare professional.
	Contraindications* & Warnings	Medications: None reported. If symptoms persist, seek the advice of a healthcare professional.	Medications: None reported. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. If you are concerned about the health of yourself or your baby, talk to your healthcare practitioner. If symptoms persist, talk to your health professional. Nutritional supplements should not replace a balanced diet. Contains fish oil and sulfites.



Heme Synergy

Orthoplex White

MultiGen Biotic

Orthoplex White

N-acetylcysteine

Orthoplex White

No information available

No information available

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Dairy free · Gluten free · Soy protein free
· Egg free

Dairy free · Gluten free · Soy protein free
· Egg free

Dairy free · Gluten free · Soy protein free
· Egg free

- Highly absorbable Iron bisglycinate with a cofactor blend to support the entire process of red blood cell production & haemoglobin synthesis
- Carefully developed, vegan-friendly & ultralow excipient formula
- Provides two forms of Folate & Vitamin B12 as part of a full activated B complex
- Supports general health and wellbeing

- Featuring *B. longum* BB536, one of the world's most scientifically documented human residential *Bifidobacteria strains*
- 9-strain 30 billion CFU formula
- Formulated for clinical practitioners
- Magnesium stearate free
- D-lactate free
- Supports general health and wellbeing

- For extemporaneous compounding
- Certified European Pharmacopoeia (EP) grade acetylcysteine raw material
- Non-GMO derived NAC
- Manufactured in accordance with the current Good Manufacturing Practice guide, ensuring high manufacturing standards

30 capsules

30 capsules
60 capsules
30g oral powder

70g powder
150g powder

Adult: 1 capsule daily, or as recommended by your registered healthcare practitioner.

Adult: 1 capsule or 1 scoop daily, or as recommended by your registered healthcare practitioner.

Contact Clinical Support on 1800 077 113.

Medications: Retinoids.

Medications: None reported.

Medications: Nitroglycerin.

When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects. If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men. Not for the treatment of iron deficiency conditions. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health practitioner.

If symptoms persist, seek the advice of a healthcare professional.



		Ultra GG Immune <i>Orthoplex White</i>	Iodine <i>Orthoplex Green</i>
	Low excipient formula		
	Free from artificial flavours & colours		
	Antioxidant	-	-
	Vegetarian		
	Vegan		
	Free Froms	Dairy free · Gluten free · Soy protein free · Egg free	Dairy free · Gluten free · Soy protein free · Egg free
	Key Features	- Contains the ATCC 53103 strain of <i>Lactobacillus rhamnosus</i> GG without additional excipients & carriers to give you added prescribing confidence - Suitable for patients seeking to avoid corn - Supports general health and wellbeing	- Low-excipient, vegan-friendly capsule - Assists healthy thyroid hormone production for pregnancy - Supports healthy thyroid gland function for pregnancy - Supports healthy pregnancy - Supports maternal health
	Pack Size	30 capsules 60 capsules	60 capsules
	Daily Dose	Adults: 1 capsule daily, or as recommended by your registered healthcare practitioner.	Adult: 1 capsule daily, or as recommended by your registered healthcare practitioner.
	Contraindications* & Warnings	Medications: None reported. If symptoms persist consult your healthcare practitioner	Medications: Anti-thyroid drugs. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester. If you are concerned about the health of yourself or your baby, talk to your healthcare practitioner. If you have pre-existing thyroid conditions, seek advice from your medical practitioner before taking this medicine. Mineral supplements should not replace a balanced diet.



Iron <i>Orthoplex Green</i>	Selenium Drops <i>Orthoplex Green</i>	Zinc Citrate <i>Orthoplex Green</i>
No information available		No information available
Dairy free · Gluten free · Soy protein free · Egg free - Designed to offer a gentle & well-absorbed form of Iron (bisglycinate) - Iron can assist in maintaining normal blood health - Helps support haemoglobin formation - Supports healthy pregnancy	Dairy free · Gluten free · Soy protein free · Egg free - Selenium is a major antioxidant trace element - Supports reproductive system health - Supports healthy reproductive hormones in healthy males - Supports sperm production - Free from added sugar, yeast, gluten, wheat, corn, dairy, artificial colours and flavours	Dairy free · Gluten free · Soy protein free · Egg free - High purity zinc with heavy metal testing that exceeds standard regulatory requirements for Australian listed medicines - Free from organic solvent residues - Non-GMO - Ultra-low excipient formula - Supports female reproductive system health - Supports reproductive system health - Supports healthy reproductive hormones - Supports sperm production
30 capsules	50mL oral liquid	90 capsules
Adult: 1 capsule daily, or as recommended by your registered healthcare practitioner.	Adult: 2 drops in water or juice 3 times daily, or as recommended by your registered healthcare practitioner.	Adult: 1 capsule daily with food, or as recommended by your registered healthcare practitioner.
Medications: None reported. Not for the treatment of iron deficiency. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.	Medications: None reported. This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Mineral supplements should not replace a balanced diet. Contains 25% v/v ethanol.	Medications: None reported. Contains zinc which may be dangerous if taken in large amounts or for a long period. Mineral supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner.

Clinical Support: 1800 077 113



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This information is for health professionals only.

*Orthoplex products can only be purchased and recommended to patients by health professionals.
Only Orthoplex White approved practitioners may purchase and recommend this product range.*